

Breakfast served 6:30 – 7:00 am  
Cereal Fruit and Milk

Time	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Cereal and Milk	Bagels and cream cheese	Yogurt and granola	Pancakes & Milk	Oatmeal with cran-raisins
PM	Vegetables Pretzels & ranch dip or Hummus	Soup or Crockpot Spaghetti	Cheese & Crackers or apples	Applesauce and animal crackers	Fruit and Granola Bars

Time	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Toast and applesauce	Yogurt and Fruit or Granola	Pancakes & Milk	Cheesy English muffins	Cereal and milk
PM	Beans, cheese, salsa tortilla chips	Soup or Crockpot Spaghetti	Fruit and Graham crackers	Fried Rice with Vegetables	Cream cheese and bagels

Time	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Cereal and Milk	Scrambled eggs and toast	Cottage Cheese and Fruit	Oatmeal with cran- raisins	Bagels and cream cheese
PM	Cheese Quesadilla	Soup or Crockpot Spaghetti	Beans, cheese, salsa and chips	Fruit and graham crackers	Grilled cheese Sandwich

Time	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Cereal and Milk	Cheesy English muffins	Fruit and yogurt smoothies	Scrambled eggs and toast	Toast and applesauce
PM	Fried Rice with Vegetables	Soup or Crockpot Spaghetti	Fruit and Granola Bars	Cheese Quesadilla	Vegetables Pretzels & ranch dip or Hummus

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AM	Cereal and Milk	Cottage Cheese and Fruit	Pancakes & Milk	Scrambled eggs and toast	Graham crackers and applesauce
PM	Grilled Cheese Sandwich	Soup or Crockpot Spaghetti	Applesauce and crackers	Bean and Cheese burritos	String Cheese and crackers

We are a Nut Free Zone. Nuts or Peanut Butter will not be served or allowed for Snack or Lunches. Milk served at lunch. Fruit Selections: Oranges, Apples, Bananas, Dried Fruit, Melon, Seasonal Fruit, Can Fruit.  
Water is always available.